

Cypress

Emotions	calming and soothing, refreshing
Uses	arthritis, arthritis-osteoarthritis, arthritis-rheumatoid , asthma, athlete's foot, bed wetting, bleeding , bleeding nose, breasts-toning, bronchitis, bruises, bursitis, cancer supportive, cellulite, circulation problems-unbalanced , cough, cuts, cystic breast disease, cystitis/inflammation of the bladder, deodorant, diarrhea , feet-swollen, genitals-male-swelling, genitals-male-varicocele, gums-bleeding, gums-inflammation , hair-beard, hair-dandruff, hair-greasy , hair loss/alopecia, hair-normal, hemorrhoids , hepatitis, hernia-inguinal, infertility-female, jock itch, laryngitis-loss of voice, lymphatic stimulant, menopause, menstrual bleeding-absence/amenorrhea, menstrual bleeding-excessive/menorrhagia, menstrual pain/dysmenorrhea , muscle-after workout sauna, muscle-cramps , muscle-fatigue, muscle-spasm , muscle-toning, muscles-back pain, muscles-breast bruise, muscles-buttock bruise, muscles-elbow bruise, muscles-elbow tendonitis, muscles-facial bruise, muscles-foot bruise, muscles-heel/ankle contusion, nail care , nails-brittle, nails-growth, nervous tension, nose bleed , pregnancy-edema, pregnancy-leg cramps, pregnancy-varicose veins, prostatitis, rosacea, skin-aging , skin-blackheads, skin-broken veins , skin-normal, skin-oily , skin-puffiness, skin-toning, skin-wrinkles , stress (environmental), sweating-excessive, throat-hoarseness, tonic-nerve, trichomonas, varicose veins , warts, whooping cough , writer's cramp
Properties	antiseptic, antispasmodic, astringent, balsamic , deodorant, diuretic , haemostatic, hepatic, sedative, styptic, sudorific, tonic (respiratory), vasoconstrictor
Constituents	Sabinene, alpha-Pinene, beta-Pinene, alpha-Terpinyl acetate, alpha-Thujene, delta-3-Carene, Camphene, Thujyl alcohol, others
Scent/Note/Viscosity	Fresh, woody, slightly spicy and refreshing masculine smell; middle note; colorless to pale yellow. watery viscosity.
Best Mixed With	Bergamot, Citrus Oils, Clary Sage, Frankincense, Juniper, Lavender, Lemon, Lemongrass, Pine, Rosemary, Sandalwood (Marjoram)
Warning	Avoid during pregnancy

DISCLAIMER

This information has been gathered from reliable sources. I make no claim to accuracy. All information contained on this page or within this site is for reference purposes only. It is not intended to substitute for advice given by a physician or other licensed health care professional.

It is not recommended that you take essential oils internally unless under the supervision of a Medical Doctor.