

Litsea Cubeba

Emotions	calming, relaxing
Uses	acne, anxiety, appetite-to reduce , arrhythmia, baldness , boils, bowel disorders-w/inflammation, calming, cellulite, chicken pox, chilblains-swelling, convalescence, cysts, depression , dermatitis, detoxification, fatigue-physical, flatulence, heartburn , high blood pressure, indigestion/dydpepsia, insect repellent, joints-swollen , mumps , nervous tension, nervousness, pregnancy-refreshing, relaxing, skin care, skin-greasy, skin-infection, stress, sweating-excessive, tonic
Properties	antibiotic, antidepressant, antiseptic, calmative, deodorant, digestive, disinfectant, insecticidal, rubefacient, sedative, stimulant, stomachic, tonic, vulnerary
Constituents	Citronellal, Citronellol, limonene, linalool, neral, 1.8-ceneole, citral, methyl heptone, linlyl acetate, others
Scent/Note/Viscosity	intense, fresh, lemony, smoky; medium note; yellow; watery viscosity.
Best Mixed With	Black Pepper, Cedarwood, Chamomile R, Clary Sage, Cypress, Eucalyptus C/R, Frankincense, Geranium, Ginger, Grapefruit, Juniper, Orange, Palmarosa, Patchouli, Petitgrain, Rosemary, Sandalwood, Tea Tree, Thyme Linalol, Ylang Ylang (Bay, Basil, Benzoin, Cardamom, Coriander, Marjoram, Vetiver)
Warning	Do not use if you have Glaucoma. Do not use on children.

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