

Properties

Abortive:

Juniper

Analgesic: (reduces or relieves pain):

Basil, Bergamot, Black Pepper, Camphor, Chamomile G/R, Cinnamon, Clove, Eucalyptus G/R, Fir, Frankincense, Geranium, Ginger, Helichrysum, Jasmine, Lavender, Lemongrass, Nutmeg, Peppermint, Rosemary, Rosewood, Tea Tree, Thyme, Ylang Ylang

Anesthetic: (causes a reversible reduction/loss of sensation or pain)

Peppermint

Anthelmintic: (destroys intestinal worms)

Bergamot, Cinnamon, Clove, Tagetes, Thyme

Anti-Allergenic: (reduces symptoms of allergy)

Helichrysum

Anti-anemic: (combats anemia)

Lemon

Antibacterial: (prevents or inhibits bacterial growth)

Bergamot, Black Pepper, Camphor, Chamomile G/R, Citronella, Clary Sage, Clove, Eucalyptus C, Frankincense, Geranium, Ginger, Grapefruit, Juniper, Lavender, Lemon, Lemongrass, Orange, Palmarosa, Patchouli, Pine, Rosemary, Rosewood, Sandalwood, Tea Tree, Thyme

Antibiotic: (prevents or inhibits the growth of microorganisms)

Bergamot, Chamomile G/R, Cinnamon, Clove, Eucalyptus C/G/R, Fennel, Geranium, Lavender, Lemon, Litsea Cubeba, Orange, Palmarosa, Patchouli, Peppermint, Tagetes, Tea Tree, Thyme

Anticatarrhal: (aids removal of excessive mucus or phlegm):

Black Pepper, Rosemary

Anticoagulant: (prevents or delays clotting of the blood)

Helichrysum Orange,

Anticonvulsive: (helps control convulsions)

Clary Sage, Lavender, Rosewood

Antidepressant: (uplifting; counteracts melancholy or depression)

Basil, Bergamot, Chamomile R, Clary Sage, Frankincense, Geranium, Grapefruit, Jasmine, Lavender, Lemon, Lemongrass, Litsea Cubeba, Orange, Patchouli, Petitgrain, Rosemary, Rosewood, Sandalwood, Ylang Ylang

Antidiarrheal: (prevents or relieves diarrhea)
Cinnamon

Anti-emetic: (reduces vomiting)
Clove, Ginger, Patchouli

Antifungal: (destroys or inhibits growth of fungus):
Camphor, Cedarwood, Chamomile G/R, Cinnamon, Citronella, Clove, Eucalyptus C/G,
Fennel, Geranium, Helichrysum, Lavender, Lemongrass, Nutmeg, Orange, Palmarosa,
Patchouli, Peppermint, Pine, Rosemary, Tagetes, Tea Tree, Thyme

Antigalactagogue: (impedes the flow of milk)
Peppermint

Antihemorrhagic: (helps to combat hemorrhage or bleeding)
Geranium

Antihistamine: (used for the treatment of allergies and colds)
Clove

Anti-inflammatory: (prevents or reduces inflammation)
Bergamot, Camphor, Chamomile G/R, Clary Sage, Eucalyptus C/R, Fennel,
Frankincense, Geranium, Helichrysum, Jasmine, Lavender, Lemon, Orange, Patchouli,
Peppermint, Sandalwood, Tea Tree, Yarrow

Antimicrobial: (inhibits or destroys the growth of microorganisms)
Black Pepper, Cinnamon, Fennel, Helichrysum, Lavender, Lemon, Lemongrass,
Patchouli, Peppermint, Rosemary, Rosewood, Tagetes, Tea Tree, Thyme

Antineuralgic: (reduces or relieves nerve pain):
Chamomile R, Clove, Eucalyptus G/R, Rosemary

Antioxidant: (protects cells from damage caused by the oxidative effects of free radicals)
Clove, Ginger, Lemongrass, Rosemary, Rosewood, Thyme

Antiparasitic: (destroys or inhibits growth and reproduction of parasites)
Cinnamon, Clove, Eucalyptus G/R, Juniper, Lavender, Lemongrass, Peppermint, Tagetes,
Tea Tree, Thyme

Antiphlogistic: (reduces inflammation or fever)
Chamomile (G/R), Patchouli, Peppermint, Sandalwood

Antipruritic: (relieves itching)
Bergamot, Peppermint

Antiputrescent: (counteracts or preserves from putrefication)
Cinnamon, Eucalyptus (G) , Thyme

Antipyretic: (reduces or prevents fever)

Lemongrass, Yarrow

Antirheumatic: (helps prevent and relieve symptoms of rheumatism):

Eucalyptus G/R, Hyssop, Juniper, Lavender, Lemon, Nutmeg, Rosemary, Thyme, Yarrow

Antisclerotic: (helps prevent hardening of tissues; aids sclerosis of the arteries):

Lemon

Antiscorbutic: (helps to prevent scurvy)

Lemon

Antiseborrheic (helps control the production of sebum)

Cedarwood, Ylang Ylang

Antiseptic: (inhibits the growth and reproduction of microorganisms):

Basil, **Bergamot**, Black Pepper, Camphor, **Cedarwood**, Chamomile R, **Cinnamon**, Citronella, Clary Sage, **Clove**, Cypress, **Eucalyptus** C/G/R, Fennel, **Fir**, **Frankincense**, Geranium, **Ginger**, Grapefruit, **Helichrysum**, Hyssop, Jasmine, **Juniper**, **Lavender**, Lemon, Lemongrass, Litsea Cubeba, Mandarin, Nutmeg, **Orange**, Palmarosa, Patchouli, **Peppermint**, Petitgrain, **Pine**, **Rosemary**, Rosewood, **Sandalwood**, Tagetes, Tangerine, **Tea Tree**, **Thyme**, Yarrow, Ylang Ylang

Antispasmodic: (prevents or relieves muscle spasms/cramps):

Basil, Bergamot, Black Pepper, Chamomile G/R, Cinnamon, Citronella, Clary Sage, Clove, Cypress, Eucalyptus G/R, Fennel, Geranium, Ginger, Helichrysum, Hyssop, Jasmine, Lavender, Lemon, Mandarin, Nutmeg, Orange, Peppermint, Petitgrain, Pine, Rosemary, Sandalwood, Tagetes, Tangerine, Thyme, Yarrow

Antitoxic: (helps counteract the affect of toxins, caused by bacteria)

Black Pepper, Grapefruit, Juniper, Lavender, Lemon, Patchouli, Rosemary, Thyme

Antitussive: (relieves cough)

Fir, Ginger, Helichrysum, Thyme

Antivenomous: (helps counteract the affects of venom such as insects, snakes, & scorpions)

Basil, Lavender, Thyme

Antiviral: (destroy or inhibit the growth and reproduction of viruses)

Bergamot, Camphor, Cinnamon, Clove, **Eucalyptus** C/G/R, **Geranium**, **Helichrysum**, Lavender, **Lemon**, Palmarosa, Peppermint, Pine, **Tea Tree**, **Thyme**

Aperitif: (appetite stimulant)

Bergamot, Black Pepper, **Fennel**, Ginger, Thyme

Aphrodisiac: (stimulates or intensifies sexual desire)

Black Pepper, Cedarwood, Cinnamon, Clary Sage, **Clove**, Ginger, **Jasmine**, Juniper, Patchouli, Rosemary, Rosewood, Sandalwood, Thyme, **Ylang Ylang**

Astringent: (produces contraction of tissue):

Basil, **Bergamot**, **Cedarwood**, Cinnamon, Clary Sage, **Cypress**, **Frankincense**, **Geranium**, **Grapefruit**, **Helichrysum**, Hyssop, **Juniper**, **Lemon**, Lemongrass, **Patchouli**, Peppermint, **Rosemary**, **Sandalwood**, Thyme, Yarrow

Balsamic: (having a sweet aroma and soothing qualities/soothes and softens phlegm):

Cypress, Eucalyptus G/R, Frankincense, Pine, Tea Tree, Thyme

Calmative: (produces soothing/calming effect):

Bergamot, Chamomile G/R, Clary Sage, Eucalyptus C, Frankincense, Juniper, Lavender, Litsea Cubeba, Mandarin, Orange, Patchouli, Petitgrain, Sandalwood, Ylang Ylang

Carminative: (soothing to the digestive system; relieves gas and stomach cramps):

Basil, Bergamot, Black Pepper, Chamomile G/R, Cinnamon, Clary Sage, **Clove**, Fennel, Frankincense, Ginger, Hyssop, Jasmine, Juniper, Lavender, Lemon, Lemongrass, **Nutmeg**, Orange, Patchouli, Peppermint, Pine, Rosemary, Sandalwood, Tangerine, Thyme, Yarrow

Cephalic: (benefits the head or brain; helps to clear the head and improve thinking):

Basil, Ginger, Peppermint, **Rosemary**, Rosewood

Cholagogue: (stimulates contraction of the gallbladder, aiding in the evacuation of bile):

Chamomile G/R, Helichrysum, **Lavender**, Orange, Peppermint, **Rosemary**

Choleretic: (stimulates the liver to produce and excrete bile):

Lavender, Orange, Rosemary

Cicatrizant: (stimulates the formation of scar tissue):

Bergamot, Chamomile G/R, Frankincense, Geranium, Helichrysum, Hyssop, Jasmine, Juniper, Lavender, Lemon, Palmarosa, Patchouli, Sandalwood, Tea Tree, Thyme, Yarrow

Cordial: (heart tonic)

Lavender, Peppermint, Rosemary

Counter-irritant

Camphor

Cytophylactic (increases the activity of white blood cells; stimulates regeneration of cells):

Frankincense, Geranium, Helichrysum, Lavender, Palmarosa, Patchouli, Rosemary

Decongestant: (eases or relieves mucus congestion of the upper respiratory tract)

Eucalyptus G/R, Lavender, Patchouli, Peppermint, Rosemary, Sandalwood, Tea Tree

Deoderant: (reduces or eliminates odors)

Bergamot, Citronella, Clary Sage, Cypress, Eucalyptus C/G/R, Fir, Geranium, Lavender, Lemongrass, Litsea Cubeba, Patchouli, Petitgrain, Rosewood

Depurative: (purifies and detoxifies the blood):

Eucalyptus G/R, Fennel, Grapefruit, Juniper, Lemon, Orange, Pine

Diaphoretic: (increases sweating)

Basil, Black Pepper, Citronella, Ginger, Lemon, Tagetes, Tea Tree, Yarrow

Digestive: (benefits the digestive system and the process of digestion):

Basil, Bergamot, Black Pepper, Chamomile G/R, Cinnamon, Clary Sage, Frankincense, Grapefruit, Hyssop, Lemongrass, Litsea Cubeba, Mandarin, **Nutmeg**, Orange, Palmarosa, Patchouli, **Peppermint**, **Petitgrain**, Rosemary, Tangerine, Yarrow

Disinfectant: (destroys, inhibits, or neutralizes the growth or microorganism)

Chamomile (G/R), Clove, Litsea Cubeba

Diuretic (increases the production and elimination of urine; stimulates removal of fluid from tissues):

Bergamot, **Black Pepper**, **Camphor**, **Cedarwood**, Chamomile, Citronella, Clary Sage, **Cypress**, **Eucalyptus** G/R, **Fennel**, Frankincense, **Geranium**, Grapefruit, Helichrysum, Hyssop, **Juniper**, **Lavender**, lemon, Lemongrass, Mandarin, Orange, Patchouli, Pine, **Rosemary**, **Sandalwood**, Tangerine, Thyme

Emmenagogue (stimulates and regulates menstruation):

Basil, Chamomile G/R, Cinnamon, Citronella, **Clary Sage**, Fennel, Frankincense, **Hyssop**, **Juniper**, **Lavender**, Nutmeg, Peppermint, **Rosemary**, Tagetes, Thyme

Emollient (softens tissue and soothes inflammation)

Palmarosa, Peppermint, Sandalwood

Estrogen Like: (acts like estrogen)

Fennel

Euphoric: (induces a feeling of happiness, confidence, or well being)

Clary Sage, Grapefruit, Jasmine, Ylang Ylang

Expectorant: (promotes discharge of mucus and phlegm from the respiratory system):

Basil, **Bergamot**, Black Pepper, Camphor, **Cedarwood**, Clove, **Eucalyptus** C/G/R, **Fennel**, **Fir**, **Frankincense**, Ginger, Helichrysum, **Hyssop**, Jasmine, Juniper, **Orange**, **Peppermint**, **Pine**, **Rosemary**, **Sandalwood**, Tea Tree, Thyme, Yarrow

Febrifuge (reduces fever):

Basil, Bergamot, Black Pepper, Chamomile G/R, Citronella, Eucalyptus G/R, Ginger, Hyssop, Lemon, Lemongrass, Palmarosa, Patchouli, Peppermint

Galactagogue: (induces the flow of milk)
Basil, Fennel, Jasmine, Lemongrass

Hemostatic: (reduces or stops bleeding by encouraging the coagulation of blood):
Cinnamon, Cypress, Geranium, Lemon, Yarrow

Hepatic: (liver tonic):
Chamomile G/R, Cypress, Helichrysum, Lemon, Peppermint, Rosemary, Thyme

Hypertensive: (raises blood pressure; helps to counteract low blood pressure):
Hyssop, Rosemary, Thyme

Hypnotic:
Chamomile, Lavender, Ylang Ylang

Hypotensive: (lowers blood pressure; helps to counteract high blood pressure):
Clary Sage, Lavender, Lemon, Orange, Yarrow, Ylang Ylang

Immunostimulant: (stimulates the immune system):
Chamomile G/R, Lemon, Tea Tree, Thyme

Immune Tonic: (strengthens the immune system; helps preserve and restore health):
Eucalyptus

Insect Repellant: (helps repel insects)
Eucalyptus C

Insecticidal: (kills insects)
Basil, Bergamot, Cedarwood, Citronella, Clove, Lavender, Lemon, Lemongrass, Litsea
Cubeba, Sandalwood, Tagetes, Tea Tree, Thyme

Laxative: (promotes bowel movement)
Bergamot, Black Pepper, Fennel, Ginger, Mandarin, Nutmeg, Tangerine

Lymphatic Stimulant: (stimulates the lymphatic system)
Geranium, Juniper, Tangerine

Muscle Relaxant: (promotes the relaxation of muscle tissue)
Chamomile, Clove, Lemongrass, Peppermint, Rosemary

Nervine: (tones and strengthens nerves/nervous system; relaxes and soothes mind and body):
Basil, Chamomile G/R, Clary Sage, Helichrysum, Hyssop, Juniper, Lavender,
Lemongrass, Palmarosa, Patchouli, Peppermint, Petitgrain, Rosemary, Thyme, Ylang
Ylang

Orexigenic: (appetite stimulant)
Fennel

Parturient: (promotes and eases labor)

Jasmine, Nutmeg

Pectoral: (beneficial for disease or conditions of the chest and respiratory system)

Eucalyptus C/G/R, Pine, Thyme

Prophylactic:

Basil, Patchouli

Regulator: (helps to balance the functions of the body)

Ylang Ylang

Regenerative: (heals; renews tissue; benefits the skin)

Cedarwood, Clary Sage, Fennel, Geranium

Restorative: (helps to strengthen the body and restore health):

Basil, Grapefruit, Pine, Rosemary

Rubefacient: (a substance producing an increase in blood flow where applied to the skin, causing redness):

Bergamot, **Black Pepper**, Camphor, **Cinnamon**, **Eucalyptus**, Fir, **Ginger**, **Juniper**,
Lavender, Lemon, Litsea Cubeba, **Rosemary**, Sandalwood, Thyme

Sedative: (reduces mental excitement or physical activity)

Cedarwood, **Chamomile R**, **Clary Sage**, Clove, Cypress, **Frankincense**, **Geranium**,
Jasmine, Juniper, **Lavender**, Lemon, Litsea Cubeba, Mandarin, Orange (nervous),
Sandalwood, Tagetes, Tangerine, **Ylang Ylang** (nervous)

Splenic: (spleen tonic)

Fennel

Stimulant: (increases overall function of the body)

Basil (adrenal cortex), Bergamot, Black Pepper, Camphor, **Cinnamon** (cardiac,
circulation, respiratory), **Clary Sage (adrenal)**, **Clove**, Eucalyptus G/R, Fennel, Fir,
Geranium, Ginger, Grapefruit (lymphatic), Helichrysum, Hyssop, Juniper, Lavender,
Litsea Cubeba, Mandarin, Nutmeg, **Orange**, Orange (lymphatic), Palmarosa, **Patchouli**,
Peppermint, Petitgrain, Pine, Rosemary, Rosewood (cellular, immune system), Tea Tree,
Thyme, Ylang Ylang (circulatory)

Stomachic: (improves appetite and aids digestion; strengthens and tones the stomach):

Basil, Bergamot, Black Pepper, Chamomile G/R, Cinnamon, Citronella, Clary Sage,
Clove, Fennel, **Ginger**, Juniper, Litsea Cubeba, Mandarin, Orange, Patchouli,
Peppermint, Petitgrain, Rosemary, Tagetes, **Tangerine**, Yarrow

Styptic: (reduces external bleeding)

Cypress, Geranium

Sudorific: (induces sweating):

Basil, Chamomile G/R, Cypress, Ginger, Hyssop, Juniper, Lavender, Peppermint, Rosemary, Tea Tree, Thyme

Tissue Regenerator:

Rosewood

Tonic (strengthens the body, helps preserve and restore health):

Basil (body strengthening, stomach), Bergamot, Black Pepper (**respiratory, urinary**), Cedarwood, Chamomile G/R, Citronella, Clary Sage (uterine & nerve), Clove, Cypress (Respiratory), Eucalyptus R, Fennel, Fir (**nervous, respiratory**), Frankincense, Geranium, **Ginger**, Grapefruit, Helichrysum, Hyssop, Jasmine (Uterine), Juniper, Lavender, Lemon, Lemongrass, Litsea Cubeba, Mandarin, Nutmeg, Orange, Palmarosa, Patchouli, Peppermint, **Petitgrain**, Pine, Rosemary (Nervous System), Rosewood, Sandalwood, Tangerine, (**Peripheral Circulatory System**), Thyme (**Respiratory**), Yarrow (**Respiratory**), Ylang Ylang

Uterine (acts on and benefits the uterus)

Clove, Frankincense

Vasoconstrictor (reduces blood flow by causing contraction of the blood vessels):

Camphor, Chamomile, Cypress, Geranium, **Peppermint**

Vermifuge: (expels the worms or intestinal animal parasites)

Bergamot, Camphor, Chamomile G/R, Cinnamon, Citronella, Clove, Eucalyptus G/R, Fennel, Geranium, Hyssop, Lavender, Lemon, Palmarosa, Peppermint, Tea Tree, Thyme

Vulnerary (aids in the healing of wounds and sores):

Bergamot, Cedarwood, **Chamomile G/R**, Eucalyptus C/G/R, Frankincense, Geranium, Hyssop, Juniper, **Lavender**, Litsea Cubeba, Rosemary, **Tea Tree**

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