Cedarwood (Himalayan)

Emotions	relaxing, strengthening, balance, calming
Uses	acne, anxiety, arthritis, arthritis-osteoarthritis, arthritis-rheumatoid, asthma, bladder-inflammation of the mucous membrane, bronchitis, cancer supportive, catarrh, cellulite, circulatory stimulant, constipation, cough, cystitis, cystitis-pain with urination, dandruff, dermatitis, detoxification, genitals-male-mucus discharge, gonorrhea effects, hair- loss, hair-normal, infertility-male, insect repellant , joints-painful, joints- strained , kidney inflammation, meditation aide, nervous tension, respiratory infection, respiratory problems, scalp disorders, skin-dry, skin- inflamed, skin-normal, skin-oily, stress (environmental), tonic, tonic- kidney, ulcers, urinary infections
Properties	antifungal, antiseborrheic, antiseptic, aphrodisiac, astringent, diuretic, expectorant, insecticide, regenerative, sedative, tonic, vulnerary
Constituents	beta-Himachalene, gamma-Himachalene, alpha-Himachalene, Sesquiterpene hydrocarbons, Sesquiterpenes, oxygen-containing-, others
Scent/Note/Viscosity	soft, sweet, woody balsamic, warm; base note; color ranges from yellow, orange and amber; medium viscosity
Best Mixed With	bergamot, chamomile R, clary sage, cypress, eucalyptus, frankincense, geranium, grapefruit, juniper, lavender, orange, palmarosa, petitgrain, rosemary, sandalwood (bay, cardamom, marjoram, neroli, ylang ylang)
Warning:	Do not use if pregnant or breast feeding or by children under 18.

DISCLAIMER

This information has been gathered from reliable sources. I make no claim to accuracy. All information contained on this page or within this site is for reference purposes only. It is not intended to substitute for advice given by a physician or other licensed health care professional. It is not recommended that you take essential oils internally unless under the supervision of a Medical Doctor.