## Citronella Java

Emotions clarity of mind

Uses anxiety, arthritis-rheumatoid, cold, fatigue, flu, headache, heart-

stimulant, infection-minor, insect repellant, mental exhaustion/fatigue,

migraine, neuralgia, skin-oily, sweating-excessive

Properties antibacterial, antifungal, antiseptic, antispasmodic, deodorant, diaphoretic,

diuretic, emmenagogue, febrifuge, insecticide, stomachic, tonic, vermifuge

Constituents Citronellal, Citronellol, Geraniol, Citronellyl acetate, Elemol, Isopulegol,

others

Scent/Note/Viscosity fresh, woody-sweet; top note; colorless to pale yellow; medium viscosity

Best Mixed With bergamot, cedarwood, geranium, lemon, orange, pine

**Warning:** Do not use if pregnant. May be irritating to sensitive skin, dilute well.

## **DISCLAIMER**

This information has been gathered from reliable sources. I make no claim to accuracy. All information contained on this page or within this site is for reference purposes only. It is not intended to substitute for advice given by a physician or other licensed health care professional. It is not recommended that you take essential oils internally unless under the supervision of a Medical Doctor.