

Clary Sage

Emotions	thaws emotional coldness, calming, relaxing, comforting
Uses	acne, addiction, anorgasmia, anxiety, apathy, aphrodisiac, asthma, back pain, balance hormonal system, boils, breasts-toning, bursitis, circulation problems-high, convalescence, convulsions, dandruff, deodorant, depression, exhaustion, eyes-conjunctivitis, eyes-foggy, eyes-eyelid infection, eyes-tired, fallen arch, fatigue-mental, feet-stinky, feet-sweaty, fertility, fibrositis, flatulence, frigidity, hair-dandruff, hair-falling, hair-fragile, hair loss/alopecia, hair-normal, headache, high blood pressure, impotence-male, indigestion/dyspepsia, infertility-female, infertility-male, inflammation, insomnia, insomnia-worry, irritability, joints-strained, leucorrhea, menopause, menopause-hot flashes, menopause-hot flashes, menopause-sweating excessively, menstrual bleeding-absence/amenorrhea, menstrual bleeding-irregular/light, menstrual cramps, menstrual pain/dysmenorrhea, mental exhaustion, migraine, mood swings, muscle-aches, muscle-athletic competition-pre/post, muscle-cramps, muscle-fatigue, muscle-relaxant, muscle-spasms, nervous exhaustion/ fatigue, nervous tension, nervousness, neuralgia, PMS-apathetic/depression/irritability/moodiness/weepy, pregnancy-breast feeding, pregnancy-labor aide-strengthen contraction/relieve pain, pregnancy-post natal, pregnancy-post natal depression, pruritus/itching, relaxing, seborrhea, skin-aging, skin-blackheads, skin-inflamed, skin-neck, skin-oily, stomach cramps, stress, stress-chemical/emotional/performance, sweating-excessive, throat-infection, throat-sore, tiredness-physical, tonic-kidney, tonic-nerve, tonic-stomach, toothache, trichomonas, vaginal discharge, vaginitis-antropic, wounds
Properties	antibacterial, anticonvulsive, antidepressant, anti-inflammatory, antiseptic, antispasmodic, aphrodisiac, astringent, calmative, carminative, deodorant, digestive, diuretic, emmenagogue, euphoric, hypotensive, nervine, regenerative, sedative, stimulant-adrenal, stomachic, tonic-uterine & nerve
Constituents	Linalyl acetate, linalool, myrcene, phellandrene, pinene
Scent/Note/Viscosity	herbaceous, nutty, musky, balsamic, warm, light; middle note; clear to pale yellow; watery to medium viscosity.
Best Mixed With	Bergamot, Black Pepper, Cedarwood, Chamomile R, Cypress, Frankincense, Geranium, Grapefruit, Jasmine, Juniper, Lavender, Lemon, Mandarin, Patchouli, Pine, Sandalwood, Tea Tree (Bay, Cardamom, Coriander, Lime, Rose Maroc, Rose Otto)

Warning

Do not use during pregnancy; do not use while drinking alcohol; may cause intense dreams; large amounts may cause headache; may impair concentration and cause drowsiness

DISCLAIMER

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