

## Clove Bud

Emotions	energizes, calms  *inhaling helps memorizing or retrieving long term memory.
Uses	abdomen pain-upper, <b>adenoids-pus covered</b> , anxiety, arthritis, arthritis-rheumatoid, asthma, athletes foot, bad breath, bilious attacks, bronchitis, bruises, bumps, burns-mild, <b>calluses</b> , <b>cancer supportive</b> , catarrh, chills, chilliness, cold/flu, cold-shivering, <b>cold-sneezing</b> , <b>convalescence</b> , cystitis, cuts, <b>dermatitis</b> , <b>diarrhea</b> , <b>disinfectant</b> , diverticulosis, dizziness, fibrositis, <b>flatulence</b> , frostbite, fungal infections, <b>gums-bleeding</b> , <b>gums-inflammation</b> , hay fever, <b>head lice</b> , headache, headache-tension, headache-w/cold, heartburn, indigestion/dyspepsia, <b>insect bites/stings</b> , <b>insect repellent</b> , joints, laryngitis-tickling throat, low blood pressure, lumbago/lower back pain, <b>menstrual bleeding-lack of/amenorrhea</b> , menstrual pain/dysmenorrhea, mouthwash, muscle-numbness, muscle-pain, muscle-spasm, muscle-sprain, muscles-ankle sprain, muscles-elbow sprain, muscles-frozen shoulder, muscles-hip strain, muscles-knee cartilage injury, muscles-leg strain-lower calf, muscles-wrist sprain, nausea, nervous exhaustion/fatigue, neuralgia, pain relief, pelvic pain syndrome, raynaud's disease, reptile bite, <b>ringworm</b> , scabies, sinusitis, stomachache, stress, <b>toothache</b> , <b>ulcerations</b> , <b>warts</b> , <b>wounds</b>
Properties	<b>analgesic</b> , anthelmintic, antibacterial, antibiotic, anti-emetic, antifungal, antihistamine, antineuralgic, antioxidant, antiparasitic, <b>antiseptic</b> , antispasmodic, antiviral, <b>aphrodisiac</b> , carminative, disinfectant, expectorant, insecticide, muscle relaxant, sedative, <b>stimulant</b> , stomachic, tonic, uterine, vermifuge
Constituents	Eugenol, beta-caryophyllene, eugenyl acetate, alpha-Humulene, others
Scent/Note/Viscosity	rich, spicy, sweet, warm; middle note; pale yellow; watery to medium viscosity.
Best Mixed With	Black Pepper, Chamomile R, Cinnamon, Citronella, Clary Sage, Geranium, Ginger, Grapefruit, Jasmine, Lavender, Lemon, Mandarin, Nutmeg, Orange, Palmarosa, Peppermint, Rosemary, Sandalwood, Ylang Ylang (Basil, Bay, Rose)
<b>Warning</b>	Do not use if you have sensitive skin. May cause skin irritation, dilute well; do not use during pregnancy. Do not use in baths. Recommend use in a diffuser, not topically. Do not use on children under 12

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