

Eucalyptus

Emotions	Stimulating, calming, relaxing, helps concentration
Uses	abdomen pain-upper, abdomen pain-lower, abscess-external/dry, acne (R), acne-w/redness (R) , adenoids-enlarged (R) , adenoids-pus covered (R), anal fissure, animal bite, anxiety (C) arthritis (C/G/R), arthritis-osteoarthritis (R), arthritis-rheumatoid (C/G/R) , asthma (C/G/R) , athletes foot (C), baby-bronchiolitis (R), bad breath/halitosis , bladder infection , bladder-inflammation of the mucous membrane , blisters-burns/scalds , blood-cleanse and purify , breathlessness (C), bronchitis (C/G/R) , bronchitis-acute (G), bronchitis-chronic (R), bronchitis-w/congestion (G/R) burns-mild (G/R), calming (C), cancer supportive , catarrh (G/R), chapped lips, chicken pox (C/G/R), chilblains (G/R), chlamydia (R), cholera , cold/cough-baby (R), cold/flu (C/G/R) , cold-sneezing (G), cold sores (C/G/R), concentration, congestion (G), convalescence , cooling, coughs (G/R) , cough-baby-severe, cough-smokers (G), cradle cap, cuts-minor, cystitis (C/R) , cystitis-w/temp(R) , dandruff (C), deodorant , dermatitis , diabetes , diarrhea-food/viral (C) , diphtheria , disinfectant , drowsiness (G), edema, ear ache, ear infection, eyes-sties, fatigue-physical (C), feet-painful (C), feet-sweaty (C/G/R), feet-tired (C), fever (C/G/R) , fibrositis (R), flatulence (R), flea/bed bug bites, fungal infection (C), gallstones , genitals-male-infection (R), genitals-male-mucus discharge , genitals-male-swelling (R), glands-swollen, gonorrhea effects , grazes, gums-bleeding, gums-infection, hair-dandruff (R) , hair-greasy, hair-normal (C), hay fever (C) , head lice , head lice-prevent, headache (G/R) , headache-w/cold (G), headache-congestive (R) , headache-sinus (G), headache-sinusitis (R) , heat cramps, heat stroke, heartburn, hepatitis (C/R), herpes simplex (C/G/R) , immune stimulant , indigestion/dyspepsia , infection, inflammation , insect bites (G/R), insect repellent (plus fleas) (C) , intertrigo (P), jet lag, joints-swollen, kidney inflammation , laryngitis, lethargy, low blood sugar , lumbago/lower back pain, lung congestion, lymph node inflammation , measles (C/G/R) , menopause-hot flashes (R), mental exhaustion/fatigue (C/G/R), migraine , mucus congestion (C/G/R) , muscle-ache (C/G/R) , muscle-aerobic conditioning, muscle-after workout (C), muscle-after workout sauna (C), muscle-after workout shower (C), muscle-athletic competition-pre/post, muscle-conditioning, muscle-cramps , muscle-fatigue, muscle-pain (G/R), muscle-relaxant , muscle-spasm , muscle-sprains , muscles-back pain, muscles-carpal tunnel, muscles-chest muscle spasm, muscles-elbow bruise, muscles-tennis elbow, Muscles-leg sprain-lower leg, muscles-tendonitis (C) , muscles-tenosynovitis (C) , muscles-thigh injury, nail-cuticle infection/whitlows (R), nettle rash, nervous exhaustion/ fatigue (C/G/R) , neuralgia (R) , pain relief , plant stings, pneumonia (C), poison ivy/oak/etc, pregnancy-breast abscess, prickly heat, prostatitis (R), rashes (G/R), relaxing (C), respiratory problems (G) , road rage, rosacea (R), scarlet fever , shingles

(G/R), sinusitis (C/G/R), skin-infections (G/R), skin-inflamed, skin-oily, sores (C), stale air, stomachache (R), synovitis, throat-burning sensation (C), throat-sore (C/G/R), thrush, tonic (C), tonic-kidney, trichomonas, ulcerations (G/R), urinary tract infection, vaginal discharge, vaginitis, varicose ulcer (R), viral infection, windburn, worms (R), wounds (C), yeast infection (C)

Properties	Analgesic (G/R), antibacterial (C), antibiotic (C/G/R), antifungal (C/G), anti-inflammatory (C/R), antineuralgic (G/R), antiparasitic (G/R), antiputrescent (G), antirheumatic (G/R), antiseptic (C/G/R), antispasmodic (G/R), antiviral (C/G/R), balsamic (G/R), calmative (C), decongestant (G/R), deodorant (C/G/R), depurative (G/R), diuretic (G/R), expectorant (C/G/R), febrifuge (G/R), immune tonic, insect repellent (C), pectoral (C/G/R), rubefacient, stimulant (G/R), tonic (R), vermifuge (G/R), vulnerary (C/G/R)
Constituents (C)	Cineol, pinene, limonene, cymene, phellandrene, terpinene, aromadendrene
Constituents (G)	Cineol, pinene, limonene, cymene, phellandrene, terpinene, aromadendrene
Constituents (R)	1.8-Cineole, alpha-Terpineol, Terpinen-4-ol, Limonene, alpha-Pinene, others
Scent/Note/Viscosity	(G) Strong, woody camphory; top note; clear; watery viscosity (C) Strong, lemony, balsamic undertone; top note; colorless to pale yellow; watery viscosity. (R) Camphory, Woody, faint peppermint undertone; top note; pale yellow; watery viscosity.
Best Mixed With	Black Pepper (C), Cedarwood (C/G/R), Chamomile G/R (G), Clary Sage (C), Clove (C), Cypress (C/G), Eucalyptus (All), Frankincense (C), Geranium (C/G), Ginger (C/G), Grapefruit (G), Juniper (C/G), Lavender (C/G/R), Lemon (C/G/R), Lemongrass, Orange (C), Pine(C/G/R), Peppermint (C/G), Rosemary (C/G/R), Tea Tree (C) Thyme Linalol (C/GR), Ylang Ylang (C) (Basil (C), Coriander, Marjoram (C/G/R), Ravensara (C), Sage (C), Thyme Red (C/G/R), Vetiver (C))
Warning	Do not use if you have High Blood Pressure or Epilepsy. Do not use if using homeopathic remedies. Avoid excessive use. May cause wakefulness if used at night. Do not use during pregnancy or on children under 12. If taken internally, eucalyptus oil can be fatal with as little as 3.5ml

DISCLAIMER

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