

Lavender Fr. Fine H.A.

Emotions **relaxing**, refreshing, uplifting, balances body and mind, calming

Uses **abrasions, abscess-external/dry, abscess-external/weeping**, abscess-mouth, **acne, acne-w/redness**, addiction, **allergies**, anal fissure, anal itch, animal bite, **anxiety, appetite-to reduce**, arthritis, arthritis-osteoarthritis, **arthritis-rheumatoid**, arthritis-pain, **arthritis-red w/heat**, arthritis-swelling, **asthma, athlete's foot**, baby-bronchiolitis, baby-general soothing, **bad breath**, baldness, **bed sores**, bed wetting, bee/hornet sting, **black eye, bladder infection, bladder-inflammation of the mucous membrane**, bleeding nose, **blister-burns/scalds**, body lice, **boils, bowel disorders-w/inflammation**, bronchitis, **bruises**, bumps, **burns-mild, calming**, cancer supportive, **carbuncle**, catarrh, **cellulite, chicken pox**, chiggers/jibbers, chilblains, **chilblains-itching/burning, chilblains-swelling, circulation problems-high**, cirrhosis of the liver, **cold/flu, colic-baby, colitis**, concentration, **constipation**, convalescence, **convulsions**, cooling, coughs, **cradle cap, cuts-minor**, cystic breast disease, **cystitis**, dandruff, **deodorant, depression, dermatitis, diaper rash, diarrhea-nerves/viral, diphtheria**, disinfectant, **dizziness, ear ache-adult**, ear infection, **eczema, eczema-burning & hot, eczema-itching, eczema-nervous**, eczema-sensitive to touch, **eczema-weeping**, edema, **emotional fatigue, epilepsy**, exhaustion-physical, **eyes-conjunctivitis**, eyes-sties, **eyes-tired, faintness, fatigue-mental**, fatigue-physical, **fear**, feet care, feet-painful, feet-swollen, feet-tired, fever, fibrositis, fish bites, **fistula, flatulence**, flea/bed bug bites, **food poisoning**, fractures, frostbite, **fungal infections, gall bladder-stimulate, gallstones**, gastritis, genitals-male-abrasions, genitals-male-balanitis, genitals-male-cooling, genitals-male-infection, genitals-male-inflammation, **genitals-male-mucus discharge**, genitals-male-swelling, genitals-male-swollen testicles, glands-swollen, gnat and midge bites, **gonorrhea effects, grazes**, gums-bleeding, gums-infection, hair-beard, hair-dandruff, **hair-dry, hair-falling**, hair-fragile, **hair-greasy, hair loss/alopecia, hair-normal**, hay fever, **head lice**, head lice-prevent, **headache**, headache-congestive, headache-gastric, headache-tension, headache-travel, heart failure, **heart-palpitations, heart-tonic**, heat stroke, hernia-hiatus, hernia-incisional, hernia-inguinal, hiccough, **high blood pressure, human bite, hysteria, immune stimulant**, impetigo, **indigestion/ dyspepsia**, infection, **inflammation, insect bites/stings, insect repellent, insomnia**, insomnia-depression, insomnia-over tired, **insomnia-physical causes**, insomnia-restlessness, intertrigo, **intestinal infection, irritability, jet lag**, jock itch, joints-painful, joints-strained, joints-swollen, laryngitis, **laryngitis-loss of voice, leukocytosis, stimulant, lumbago, lymph node inflammation**, lymphatic congestion, measles, memory enhancement, menopause, menopause-hot flashes, **menstrual bleeding-lack of/amenorrhea, menstrual cramps**, menstrual pain/dysmenorrhea, menstrual pain-breasts, **migraine**, migraine-allergy,

migraine-tension, mosquito/sand flea bites, mouth ulcers, **mumps**, **muscle-ache**, muscle-after workout, muscle-after workout shower, muscle-after workout sauna, muscle-athletic competition-pre/post, **muscle-cramp**, muscle-debility, muscle-fatigue, muscle-increased performance, muscle-pain, **muscle-relaxant**, **muscle-spasms**, **muscle-sprains**, muscle-toning, muscle-weakness, muscles-achilles tendonitis, muscles-back pain, muscles-carpal tunnel, muscles-chest muscle spasm, muscles-elbow sprain, muscles-facial bruise, muscles-frozen shoulder, muscles-heel/ankle contusion, muscles-knee ache, muscles-leg sprain-lower leg, muscles-leg strain-lower calf, muscles-tendonitis, muscles-tenosynovitis, muscles-thigh injury, **nail care**, nails-cuticle infection/whitlows, nails-growth, nails-ingrown, **nausea**, nausea-migraine, **nausea-vomiting**, **nervous exhaustion/fatigue**, **nervous tension**, **nervousness**, neuralgia, **nettle rash**, nose bleed, nose injury, **pain relief**, parasitic infection, Parkinson's disease, pelvic inflammatory disease, plant stings, PMS, poison ivy/oak/etc, pregnancy, pregnancy-breast abscess, pregnancy-edema, **pregnancy-labor aide-strengthen contraction/relieve pain**, pregnancy-leg cramps, pregnancy-nausea, pregnancy-prenatal, pregnancy-post natal, **pregnancy-refreshing**, **pregnancy-sleep disturbances**, pregnancy-varicose veins, prickly heat, prostatitis, **pruritus/itching**, pruritus ani/anal itch, **psoriasis**, **rashes**, raynaud's disease, relaxing, **reptile bite**, **ringworm**, road rage, **scabies**, scalp disorders, scar reduction, **sciatica**, shaving rash, **shingles**, **shock-mental**, **shock-physical**, **sinusitis**, skin care, skin-after sun, **skin-aging**, **skin-allergies**, skin-baby-dry/wrinkled/flaky, skin-blackheads, **skin-blotches**, skin-burning sensation, **skin-chapped**, **skin-dry**, skin-eyes, skin-greasy, skin-hands, **skin-infection**, **skin-inflamed**, **skin-irritated**, **skin-itchy**, **skin-normal**, **skin-oily**, skin-puffiness, skin-redness, **skin-rejuvenating**, skin-sensitive, skin-spots, **skin-tonic**, **skin-toning**, sleeplessness-baby, snake bites, **sores**, spider bites, stale air, stiff neck, stimulating (mild), stomach ache, stomach cramps, **stress**, synovitis, teething, **throat-burning**, throat-dry, throat-infections, **throat-sore**, thrush, ticks, tiredness-physical, **tissue regeneration**, **tonic**, **tonic-brain**, **tonic-nerve**, **tonsillitis**, toothache, trichomonas, **ulcerations**, **urinary tract infection**, vaginalis gardenerella, **vaginal discharge**, vaginitis, vaginitis-antropic, varicose ulcer, vertigo, **warts**, **whooping cough**, windburn, worms, **wounds**

Properties

analgesic, **antibacterial**, **antibiotic**, anticonvulsive, **antidepressant**, **antifungal**, **anti-inflammatory**, antimicrobial, antiparasitic, antirheumatic, **antiseptic**, antispasmodic, antitoxic, antivenomous, antiviral, calmative, carminative, **cholagogue**, choloretic, cicatrizant, cordial, cytophylactic, decongestant, deodorant, **diuretic**, **emmenagogue**, **hypnotic**, hypotensive, insecticide, nervine, rubefacient, **sedative**, stimulant, sudorific, tonic, vermifuge, **vulnerary**

Constituents	Linalyl acetate, linalool, (E)-Anethole, borneol, Terpinen-4-ol, 1.8-Cineole, Camphor, Neryl acetate, beta-Caryophyllene, Caryophyllene oxide, (Z)-beta-Farnesene, others
Scent/Note/Viscosity	fresh, herbaceous, floral, balsamic-woody undertone; middle to top note; Clear; watery viscosity.
Best Mixed With	Bergamot, Black Pepper, Cedarwood, Chamomile G/R, Clary Sage, Clove, Cypress, Eucalyptus C/G/R, Geranium, Grapefruit, Jasmine, Juniper, Lemon, Lemongrass, Mandarin, Palmarosa, Patchouli, Peppermint, Pine, Rosemary, Tea Tree, Thyme Linalol (Marjoram, Ravensara, Rose)
Warning	may cause drowsiness

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