

## Geranium Rose (Egypt is the pure geranium, but Rose is chemically similar and smells better)

Emotions **uplifting, calming**, relaxing, restoring, maintains stability of emotions

Uses abdomen pain-lower, **acne**, abscess-mouth, acne-w/redness, **aging**, anal fissure, anal itch, **anxiety**, **balance hormonal system**, baby-general soothing, bed sores, black eye, **bleeding**, **blisters**, **breast engorgement**, **breasts-growth stimulation**, breasts-toning, breathlessness, bruises, bumps, **burns-mild**, calming, **cancer supportive**, **cell stimulation**, cellulitis, chapped lips, chilblains, chilblains-circulation, **chills**, **circulation problems**, cirrhosis of the liver, cold sores, colic-baby, constipation, convalescence, cradle cap, cuts, dehydration, deodorant, depression-mild, dermatitis, **detoxification**, **diabetes**, **diarrhea**-nerves, eczema, **eczema-sensitive to touch**, **edema**, **emotional fatigue**, endometriosis, exhaustion-physical, **eyes-eyelid infection**, eyes-sties, fatigue-physical, feet care, feet-painful, feet-sweaty, feet-tired, **fertility**, fever, fluid retention, food poisoning, fractures, frostbite, **gall stones**, **genitals-male-mucus discharge**/varicocele, **gout/podagra**, **hair-dry**, hair loss/alopecia, hair-normal, hay fever, **head lice**, head lice-prevent, heart-palpitations, heat cramps, **hemorrhoids**, hernia-incisional, hernia-inguinal, **herpes simplex**, immune stimulant, immune deficiency, **infertility-female**, insect bites/stings, **insect repellent**-mosquito (+fleas), insomnia, irritability, **jaundice**, jet lag, joints, joggers nipple, **kidney stones**, laryngitis, **laryngitis-loss of voice**, lice-body, liver problems, **lymphatic congestion**, measles, **menopause**, **menopause-depression**, **menopause-hot flashes**, **menstrual bleeding-absence/amenorrhea**, menstrual bleeding-excessive/menorrhagia, menstrual bleeding-irregular/light, menstrual cramps, **menstrual pain/dysmenorrhea**, menstrual pain-breasts, **mood swings**, **mouth infections**, mouth ulcers, muscle-aerobic conditioning, muscle-cramps, muscle- numbness, **muscle-spasms-after exercise/recurring**, muscles-breast bruise, muscles-buttock bruise, muscles-facial bruise, muscles-foot bruise, muscles-groin strain, muscles-heel/ankle contusion, nervous exhaustion/fatigue, **nervous tension**, nervousness, **neuralgia**, nose injury, **pain relief**, Parkinson's disease, pelvic pain syndrome, **PMS**-apathetic/depression/irritable/**moodiness**/violent/weepy, post natal depression, pregnancy, pregnancy-breast feeding, pregnancy-hemorrhoids, pregnancy-leg cramps, pregnancy-post natal depression, pregnancy-prenatal, pregnancy-refreshing, pregnancy-varicose veins, prickly heat, pruritus ani/anal itch, psoriasis, **Raynaud's disease**, relaxing, ringworm, rosacea, scars, shingles, shock, sinusitis, skin-after sun, skin-aging, skin-blotches, skin-broken veins, **skin-chapped**, **skin-dry**, skin-greasy, skin-hands (dry/neglected), **skin-inflamed**, **skin-irritated** skin-neck, **skin-normal**, **skin-oily**, skin-sensitive, sleeplessness-baby, stimulating (mild), stomachache, **stress-chemical/emotional/environmental**

**mental/physical**, stretch marks, throat-infections, throat-irritated, **throat-sore, thrush, tonic**, ulcerations, varicose ulcer, **varicose veins, wounds**, writers cramp

Properties	analgesic, antibacterial, antibiotic, <b>antidepressant</b> , antifungal, antihemorrhagic, anti-inflammatory, antiseptic, antispasmodic, <b>antiviral, astringent</b> , cicatrizant, cytophylactic, deodorant, <b>diuretic</b> , hemostatic, lymphatic, regenerative, <b>sedative</b> , stimulant, stypic, tonic, vasoconstrictor, vermifuge, vulnerary
Constituents	Citronellol, Geraniol, linalool, Citronellyl formate, Geranyl formate, Isomenthone, Menthone, Guaia-6, 9-diene, 10-epi-gamma-Eudesmol, Citronellyl propionate, Geranyl propionate, others
Scent/Note/Viscosity	flowery, rosy, sweet, soft, green, minty; middle note; clear; watery viscosity.
Best Mixed With	Bergamot, Black Pepper, Cedarwood, Chamomile R, Citronella, Clary Sage, Clove, Cypress, Fennel, Frankincense, Ginger, Grapfruit, Jasmine, Juniper, Lavender, Lemon, Mandarin, Orange, Palmarosa, Patchouli, Petitgrain, Peppermint, Rosemary, Sandalwood, Ylang Ylang (Lime, Neroli, Rose Maroc, Rose Otto)
<b>Warning</b>	Do not use in early pregnancy. May cause wakefulness if used at night. May cause loss of concentration.

#### DISCLAIMER

This information has been gathered from reliable sources. I make no claim to accuracy. All information contained on this page or within this site is for reference purposes only. It is not intended to substitute for advice given by a physician or other licensed health care professional. It is not recommended that you take essential oils internally unless under the supervision of a Medical Doctor.