

Juniperberry

Emotions	calming, relaxing, strengthen nerves and bolster spirit
Uses	abscess-external/dry, acne , acne-w/redness, addiction , adenoids-enlarged, albuminuria , anorgasmia , anxiety , appetite-to reduce , arteriosclerosis , arthritis, arthritis-osteoarthritis, arthritis-rheumatoid , arthritis-red w/heat, arthritis-swelling, bladder infection , bladder-inflammation of the mucous membrane , blood-cleanse and purify , boils, bowel disorders-w/swelling , breathlessness, bursitis , calming, cellulite , chilblains, chilblains-swelling , cold/flu, colic -adult, constipation , cough , cystitis , cystitis-pain w/urination , cysts, dandruff, deodorant, dermatitis , detoxification , diabetes , disinfectant , ear infection, eczema, energy-lack of , feet-stinky, flatulence , fluid retention, genitals-male-lack of erection , genitals-male-mucus discharge , genitals-male-swelling , gout/podagra , hair-dandruff, hair-greasy , hair loss/alopecia , hair-normal , hangover , hay fever, hemorrhoids , impotence-male , indigestion/dyspepsia , inflammation, jet lag , joints-swollen , kidney stones , lethargy , leucorrhoea, liver problems, lumbago/lower back pain, lymph node inflammation , lymphatic congestion, menopause-water retention, menstrual bleeding-absence/amenorrhea , menstrual pain/ dysmenorrhea , mental exhaustion, migraine-allergy , muscle-ache , muscle-after workout, muscle-after workout shower, muscle-athletic competition-pre/post, muscle-cramps , muscle-debility, muscle-fatigue , muscle-spasm-recurring , muscle-toning, muscles-back pain, nervous tension, neuralgia, pain relief, PMS, psoriasis, relaxing, sciatica, seborrhea, sinusitis, skin-cleansing , skin-normal, skin-oily , skin-puffiness, skin-toning, stimulating , stress, synovitis, tonic , tonic-kidney , tonic-liver, tonic-stomach , trichomonas, ulcers, urinary tract infection , varicose veins , worms , wounds
Properties	abortive , antibacterial , antiparasitic, antirheumatic, antiseptic , antitoxic, aphrodisiac, astringent , calmative, carminative, cicatrizant, depurative, diuretic , emmenagogue , expectorant, lymphatic stimulant, nervine, rubefacient , sedative, stimulant, stomachic, sudorific, tonic, vulnerary
Constituents	Monoterpene, pinene, myrcene, sabinene, limonene, cymene, terpinene, thujene, camphene
Scent/Note/Viscosity	fresh, fruity, woody-balsamic; middle note; clear to pale yellow; watery viscosity.
Best Mixed With	Bergamot, Cedarwood, Citrus Oils, Clary Sage, Cypress, Eucalyptus C/G/R, Fennel, Frankincense, Geranium, Grapefruit, Lavender, Lemon, Mandarin, Pine, Rosemary, Sandalwood (Balsam, Benzoin, Elemi, Fir Needle, Galbanum, Rose Otto, Sage, Vetiver)

Warning

Do not use during pregnancy; Do not use if you have kidney disease; Do not use if you have sensitive skin; Slightly irritating, dilute well

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