

Palmarosa

Emotions	calming, relaxing (low dose)
Uses	abscess, acne , acne-scarring , athletes foot, bleeding, bleeding nose, children > 6mo, circulation, convalescence, cuts, dermatitis, eczema, exhaustion-physical , fatigue, fungal infection, hair-loss, hernia-incisional, insomnia, intestinal infections, menstrual problems-pain/dysmenorrheal, muscle-aerobic conditioning, nervous exhaustion, nervousness, PMS-violent, Raynaud's disease, shock, skin care, skin-aging , skin-dry, skin-eyes, skin-neck, skin-normal, skin-oily, skin-puffiness, sores, stress (emotional/performance), thyroid , tissue regeneration , uterine infection, vaginal infection
Properties	antibacterial, antibiotic, antifungal, antiseptic, antiviral, cicatrivative, cytophylactic, digestive, emollient, febrifuge, hydrating, nervine, stimulant, tonic, vermifuge
Constituents	Geraniol, Geranyl acetate, Geranyl formate, linalool, beta-Caryophyllene, others
Scent/Note/Viscosity	sweet, rosy floral, lemony; middle note; pale yellow-olive; watery to medium viscosity.
Best Mixed With	bergamot, cedarwood, chamomile R, clary sage, clove, frankincense, geranium, ginger, grapefruit, juniper, lemon, lemongrass, mandarin, orange, patchouli, petitgrain, rosemary, rosewood, sandalwood, ylang ylang (amyris, bay, coriander, rose maroc, rose otto)
Warning:	None

DISCLAIMER

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